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23 countries from Europe joined our program by now,
QUESTIONS
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WHY?

HOW?

HOW TO FINANCE IT?

HOW DOES IT WORK IN POLAND?
WHY?
WHY?

To promote bridge as a healthy and social game.
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To show additional values carried by bridge to those who still consider bridge as a card game, and not what it really is: complex strategy game.

To get scientific background for promotion by cooperation with Universities.

To joining European Union initiative on Alzheimer disease which will open door to EU funds and sponsors.
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To get new members to NBO's.
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**NBO & Alzheimer Association** should join forces and a chosen specialist from Bridge 6o+ program will coordinate it.
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FINALLY we can apply to WHO to get their financial support. Cooperation with Universities and Alzheimer Association will help a lot.
HOW DOES IT WORK IN POLAND?
Polish Bridge Union gave me authorization to all necessary activities within the program.
We received financial support from Ministry of Labour and Social Policy and one of insurance companies.
Bridge 60+ program has been presented to the Parliament in Warsaw.
We're running **www.bridge60plus.eu** web site and facebook fanpage.
We placed information about the program in several media.
Within two years 180 „clubs“ joined our program!
All has been equipped with boxes, cards, bidding-boxes and leaflets.

SENIORS BRIDGE
Companion meetings and mind training at the bridge table.

If you've never played bridge, we will teach you!
If you did, you'll find new bridge partners with us.

JOIN US!
HAVE A NICE TIME

www.bridge60plus.eu

HOW TO JOIN THE PROJECT?

1. ATTACH TO THE PROJECT IN A CONVENIENT SPOT.
   YOU WILL FIND THE ADDRESS AND CONTACT INFORMATION ON
   WWW.BRIDGE60PLUS.EU

2. COME TO THE FIRST MEETING WHERE YOU WILL RECEIVE
   BRIDGE BOOK SUITABLE FOR YOU.

3. TALK TO OUR INSTRUCTOR AND OTHER PARTICIPANTS.
   THEY WILL SHARE THEIR EXPERIENCE WITH YOU.
   INSTRUCTOR WILL EXPLAIN RULES OF THE GAME AND
   ANSWER ALL YOUR QUESTIONS.

4. ENJOY THE GAME AND MEET NEW FRIENDS AT THE BRIDGE TABLE!

JUST TRY TO GO AWAY FROM HOME
MEET NEW PEOPLE
EVERY AGE IS PROPER FOR A NEW HOBBY!

THE NEAREST ADDRESS:

www.bridge60plus.eu
“Elementary bridge book” was specially edited and distributed to all clubs and given for free to beginners.
"I want to play bridge better" was edited for advanced players.
All „teachers“ received brochure with instruction how to teach old people.

Most of the teachers received small money for their lessons.
Together with University Nicolaus Copernicus we did the first research checking results of the program. Later this University started official cooperation with EBL within their research program (various influences on brain from people activities).
Their „Neurocognitive Laboratory” employes psychologists, physicists, mathematicians and medical doctors.
WHO IS NEXT TO JOIN THE PROGRAM?