

Medelin 2016

Marek Małysa







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FINALLY The Polish Bridge Union in March 2014 started program "BRIDGE 60+" creating bridge clubs all around the country with lessons for beginners and proffesionals.



QUESTIONS



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WHY?

HOW?

HOW TO FINANCE IT ?

HOW DOES IT WORK IN POLAND?





To promote bridge as a healthy and social game.



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To show additional values carried by bridge to those who still consider bridge as a card game , and not what it really is : complex startegy game.



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To get new members to NBO's.





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NBO & Alzheimer Association should join forces and a chosen specialist from Bridge 6o+ program will coordinate it.





Low costs - teachers, elementary bridge book for participants, 'teachers brochures' and some technical costs.



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FINALLY we can apply to WHO to get their financial support. Cooperation with Universities and Alzheimer Association will help a lot.





HOW DOES IT WORK IN POLAND?

Polish Bridge Union gave me authorization to all necessary activities within the program.



We received financial support from Ministry of Labour and Social Policy and one of insurance companies.



Ministry of Labour and Social Policy



Bridge 6o+ program has been presented to the Parliment in Warsaw.

We're running <u>www.bridge6oplus.eu</u> web site and facebook fanpage.



We placed information about the program in several media.



Within two years 157 "clubs" joined our program!

Bridge 60+



All has been equipped with boxes, cards, bidding-boxes and leaflets.





If you've never played bridge, we will teach you! If you did, you'll find new bridge partners with us.

JOIN US! HAVE A NICE TIME

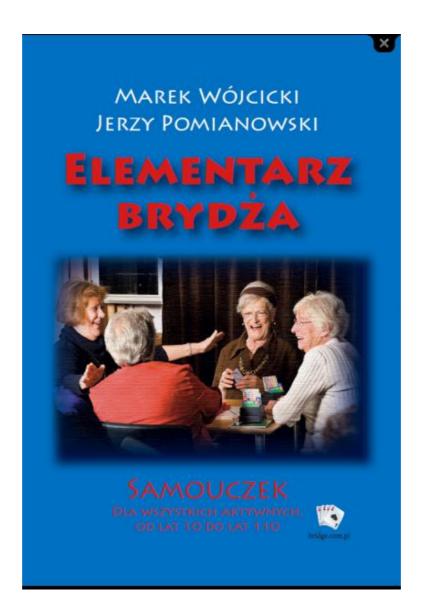
www.bridge60plus.eu

HOW TO JOIN THE PROJECT ?

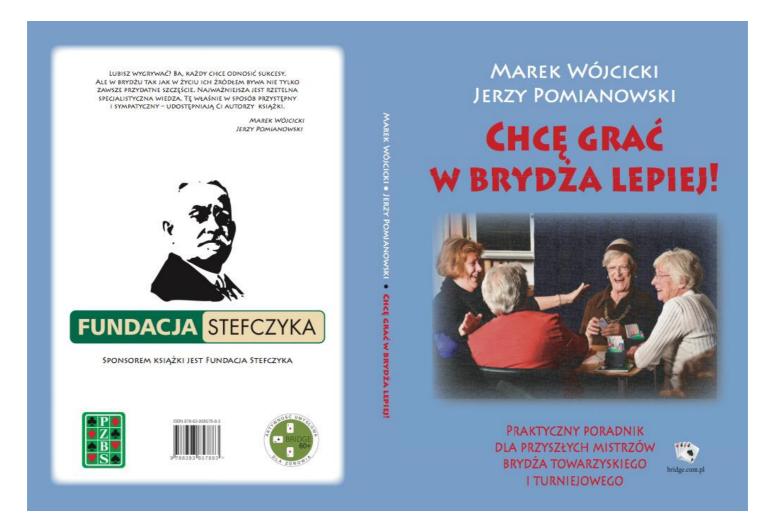
- 1. ATTACH TO THE PROJECT IN A CONVENIENT SPOT. YOU WILL FIND THE ADDRESS AND CONTACT INFORMATION ON WWW.BRIDGE60PLUS.EU
- 2. COME TO THE FIRST MEETING WHERE YOU WILL RECEIVE BRIDGE BOOK SUITABLE FOR YOU.
- 3. TALK TO OUR INSTRUCTOR AND OTHER PARTICIPANTS. THEY WILL SHARE THEIR EXPERIENCE WITH YOU. INSTRUCTOR WILL EXPLAIN YOU @ DLES OF THE GAME @ AND @ NSWEAR @ LL YOUR QUESTIONS (⇒)
- 4. ENJOY THE GAME AND MEET NEW FRIENDS AT THE BRIDGE TABLE!



"Elementary bridge book" was specially edited and distributed to all clubs and given for free to beginners.



"I want to play bridge better" was edited for advanced players.



All "teachers" received brochure with instruction how to teach old people.

Most of the teachers received small money for their lessons.

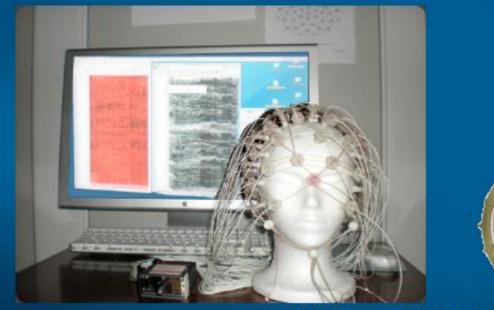
Together with University Nicolaus Copernicus we did the first research checking results of the program. Later this University started official cooperation with PBU within their research program (various influences on brain from people activities).





Their "Neurocognitive Laboratory" employes psycholgists, physicists, mathematicians and medical doctors.

Interdyscyplinarne Centrum Nowoczesnych Technologii Laboratorium NeuroKognitywne







Włodzisław Duch & Co

Katedra Informatyki Stosowanej, WFAiIS, UMK

http://intl.bridge6oplus.eu/



WHO IS NEXT TO JOIN THE PROGRAM?



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